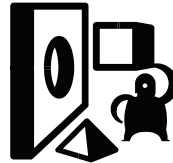


Addiction Professionals of North Carolina

The NC Association of Addiction and Prevention Professionals

2010 Spring Conference
April 21-23, 2010
Crowne Plaza Resort
Asheville, NC



Conference Schedule

Wednesday, April 21, 2010

- 8:15-9:15 Registration
- 8:45-9:00 Opening - Wrenn Rivenbark
- 9:00-11:30 *Plenary Session*
Motivational Interviewing: Increasing Client Motivation to Change
R. Trent Codd, III, EdS, LPC, LCAS, ACT
- 11:45-1:30 **APNC Membership Meeting and Lunch**
All conference attendees are invited
- 1:45-5:00 Concurrent Sessions (with mid-session break)
- A. **Spiritual Formation in Addiction Recovery**
Marilyn Malcolm, BSN, MA, LPC, D. Min
- B. **NC Assoc. for Treatment of Opioid Dependence - Medication Assisted Treatment**
Kenny House, Brian Goodlett,
Dr. John Femino, Meredith A.
- C1. 1:45-3:15
Time Line for Reflection and Renewal
Terri S. Cook, MA, LCAS, LPC, CCS
- C2. 3:30-5:00
If You Are a Professional, AA Wants to Work With You
Homer M.

Wednesday Dinner on your own

- 8:00-9:00 **Open 12-Step Meeting**
Homer M.

Thursday, April 22, 2010

- 8:00 Registration
- 8:15-11:30 Concurrent Sessions (with mid-session break)
- D. Prevention Track Part 1
Grant Writing for Prevention Professionals
Shannon Warren
- E. DWI Track Part 1
Update for Currently Authorized DWI Services Facilities
Lynn B Jones, LPC, LCAS
- F. **Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness** Part 1
Jessica Holton, MSW, LCSW, LCAS
- 11:45-1:30 Awards Luncheon
Simple Secrets of Happiness
Mona Johnson-Gibson, Speaker
- 1:45-5:00 Concurrent Sessions (with mid-session break)
- D. Prevention Track Part 2
Grant Writing for Prevention Professionals
Shannon Warren
- E. DWI Track Part 2
Update for Currently Authorized DWI Services Facilities
Lynn B Jones, LPC, LCAS
- F. **Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness** Part 2
Jessica Holton, MSW, LCSW, LCAS

Thursday Dinner on your own

Friday, April 23, 2010

- 8:15-12:15 Plenary Session (with mid-session break)
ASAM Update: Where It Was...Where it Is
John Femino, MD
- 12:30 Closing and Door Prizes Wrenn Rivenbark

On Tuesday, April 20, the NC Substance Abuse Prevention Providers Association (NCSAPPA) is conducting its annual meeting at the same venue starting at 1 PM.

We are pleased that our conference attendees have been invited to attend that meeting at no additional charge, but advanced reservations are required.

If you would like to attend this prevention related meeting, please contact us.

1-800-723-4851 or apnc@juno.com

APNC 2010 Spring Conference Course Descriptions

Plenary Session

Motivational Interviewing: Increasing Client Motivation to Change

R. Trent Codd, III, EdS, LPC, LCAS, ACT

Motivational Interviewing (MI), used in the treatment of substance use disorders, was developed 25 years ago as an alternative to the standard confrontational approach to deal with “resistance” and enhance motivation to make behavioral changes. Since then, MI has become a solid evidence-based practice with application in many different health behaviors (e.g. dietary, exercise addictive & treatment adherent behaviors). This workshop will provide an introduction to the principles and practices of MI. While there will be a didactic portion to this workshop, we will pay particular attention to skill development, utilizing empirically-based behavioral training methods.

Spiritual Formation in Addiction Recovery

Marilyn Malcolm, BSN, MA, LPC, D. Min

This workshop is designed to provide useful information and practical tools for addressing the specific spiritual needs of clients with the disease of addiction. The basic building blocks of the spiritual life that relate to the Twelve Steps, as well as case studies in more complex spiritual issues will be presented. The audience will be able to connect with whatever their client’s spiritual path might be, and find ways to enhance their counseling sessions to include spiritual formation.

NC Assoc. for Treatment of Opioid Dependence - Medication Assisted Treatment

Kenny House, Brian Goodlett, Dr. John Femino, Meredith A.

Kenny and Brian will discuss the process of finding common ground for treatment professionals and incorporating traditional modalities with MAT. They will also speak about understanding Medication Assisted Treatment in the context of Recovery. Dr. Femino will discuss the neurobiology of opioid addiction and Medication Assisted Treatment. He will provide insight into the mechanics of the brain while addicted to opioids and the mechanics of MAT modalities, including methadone and buprenorphine treatment. Meredith A. will share her personal story. Meredith is a Recovering Opioid Addict, a methadone maintenance patient and works in the field of Addiction Treatment.

Time Line for Reflection and Renewal

Terri S. Cook, MA, LCAS, LPC, CCS

This will be an experiential session to help counselors use time lines for reflection and renewal. This is a technique that can be applied to personal growth. Discussion will include how time line for reflection can be used with clients to generate therapeutic discussion about past events, present consequences, and future goals.

If You Are a Professional, AA Wants to Work With You

Homer M.

The program will include a brief description of what AA does and does not do, the traditions that guide our cooperation with professionals, 2- 12 minutes recovery stories, explanation of the AA resources available to professionals, and how to make an effective referral. The program will conclude with a question and answer session.

Open 12-Step Meeting Homer M.

Both 12-Step participants and those who are not members of the fellowship can experience a typical 12-Step Speaker meeting

Prevention Track

Grant Writing for Prevention Professionals

Shannon Warren

Just as 80% of the work in painting a room is in the preparation, 80% of success in grant writing is planning and preparing. This course will take participants through the process, including assessing agency capacity; researching and identifying possible funding sources; deciding if this is the RIGHT grant to go after RIGHT now; researching and writing the Need Statement, Agency Capacity and History, Developing programs and writing the Program Narrative; Budgeting; Attachments; and Assembly and Delivery. A to-the-point, tips-and-strategies, highly interactive workshop designed specifically for Substance Abuse Prevention professionals will help participants feel empowered about Grant Writing! Even if you’ve never seen a grant proposal before, this workshop will give you the tools you need to enhance your skills – and increase your agency’s chances of winning funding!

DWI Track

Update for Currently Authorized DWI Services Facilities

Lynn B Jones, LPC, LCAS

This will be an update for currently authorized DWI Services facilities. We will review recent changes in the law that allow for a hearing for individuals labeled “habitual” by the court, review the process to conduct DWLR assessments, and provide an overview of current policies. A summary of the Annual DWI Services report to the legislature and Outcomes Evaluation report will also be presented. Discussion will include Prime for Life progress and pilot sites for Solutions.

Therapeutic Group Sessions: Utilizing Metaphors and Visual Aids to Increase Effectiveness

Jessica Holton, MSW, LCSW, LCAS

This workshop will provide techniques that will assist Clinicians in engaging and encouraging Clients as they move through the therapeutic process. Participants will learn about and/or review the basics about group work. Participants will build upon current group processing techniques and learn new methods to implement, not only during group sessions, but also during individual sessions, family sessions, and psychoeducational classes.

Awards Luncheon

Simple Secrets of Happiness

Mona Johnson-Gibson, Speaker

Our speaker will discuss the differences between happy and unhappy people, and the characteristics and behaviors of happy people. Suggestions will be given to ensure happiness in the lives of the audience.

ASAM Update: Where It Was...Where it Is

John Femino, MD

This session will provide participants an overview of some of the changes that have occurred with the ASAM criteria. Dr. Femino will review major aspects of new criteria and compare/contrast them with the old guidelines.

Conference Location

Crowne Plaza Resort

One Holiday Inn Dr. Asheville, NC 28806

Desk 1-828-254-3211 Reservation deadline 3/31/10

Escape to the beautiful Crowne Plaza Resort-Asheville, surrounded by the beautiful Blue Ridge Mountains, within minutes of many attractions such as whitewater rafting, the NC Arboretum—just to name a few. The legendary Biltmore Estate, and the Blue Ridge Parkway, offer some of the best mountain biking and hiking in the region. Enjoy our recreational facilities and tee off on our 18 hole Golf course surrounded by magnificent mountain views. Challenge your friends to a tennis match on our outdoor clay courts or enjoy swimming in our outdoor heated pool.

Driving directions: I-40 WEST, EXIT 53B, I-240W. TAKE EXIT 3B, TURN RIGHT. FOLLOW SIGNS TO HOLIDAY INN. I-40 EAST, EXIT 46, I-240E. TAKE EXIT 3B AND FOLLOW SIGNS TO HOLIDAY INN. Download a map or check out other hotel features at <http://www.ichotelsgroup.com/h/d/cp/1/en/hd/AVLSS>

Who Should Attend?

Addiction Professionals of North Carolina is a statewide organization dedicated to helping the individual, family and community understand and prevent the disease of addiction. Our educational conferences, held each year in the fall and spring, are designed for Counselors, Prevention Specialists, DWI Assessors, Psychologists, Therapists, EAP consultants, Social Workers, Educators, Students, and others interested in the field.

Please note that it is the participant's responsibility to determine eligibility to meet professional continuing education requirements.

Registration Information

Please register early! Conference participation will be limited. Registration is \$150.00 for APNC/NAADAC members and \$210.00* for non-members *if received by March 31* and \$175.00/\$235.00* *after March 31*. You may register for single day attendance, but you will miss a lot!

**If you are not an APNC member, but join before the conference begins, you may register at member rates. Please contact us to make arrangements.*

Full refund (less 20% service charge) is made for cancellations made by 5 PM April 16. NO REFUNDS will be made thereafter, but a substitute may attend. To decrease the number of late registrants who do not cancel, payment (or employer purchase order) is due at time of registration. We regret we cannot accommodate new registrations during the conference.

Lodging Information

Room reservations may be made directly with the Crowne Plaza Resort at the special conference rate of \$92.00/night plus tax. Deadline for conference rate room reservations is March 31, 2010. Please mention the APNC Conference. The reservation number is 800-733-3211.

Continuing Education Credits

We have applied to NC Substance Abuse Professional Practices Board (NCSAPPB) for up to 18.5 hours of substance abuse specific credit for the three days. Individual credit will be awarded for each session attended.



CONFERENCE REGISTRATION

Please Print

Name _____
 APNC Member Membership Pending Non-Member
 Name preferred on badge _____
 Agency _____
 Address _____
 City _____ State _____ Zip _____
 Work Phone (____) _____
 Home Phone (____) _____
 E-Mail _____

Full Conference Registration, April 21-23, 2010
 Full Conference registration includes Wednesday lunch, the Awards luncheon, and all breaks.

Early Bird Registration Fee applies
only if registration is received by March 31, 2010
and payment is received by March 31*
 _____ \$150.00 APNC Member _____ \$210.00 Non-Member

If you join APNC before the conference begins, you can attend at member-rate. Phone us for information. Membership applications available at www.APNC.org

Registration Fee after March 31, 2010
 _____ \$175.00 APNC Member _____ \$235.00 Non-Member

For planning purposes, please indicate which training track you prefer to attend each day. See brochure for times and descriptions:

April 21 choose 1
Each Wednesday choice carries 3 hrs.

April 22 choose 1
Each Thursday choice is a morning/afternoon session for a total of 6 hrs.

<input type="checkbox"/> A Spiritual Formation...	<input type="checkbox"/> D Prevention Track Pt. 1 & 2
<input type="checkbox"/> B NCATOD	<input type="checkbox"/> E DWI Track Pt. 1 & 2
<input type="checkbox"/> C1 Time Line...(1:45-3:15)	<input type="checkbox"/> F Therapeutic Group Sessions..
<input type="checkbox"/> C2 AA & Professionals (3:15-5)	

Single Day Registration
**Please indicate appropriate track choice (above) for Wed. or Thurs.*

Wednesday*, April 21 (includes lunch)
 By March 31 _____ \$ 95.00 APNC Member _____ \$115.00 Non-Member
 After March 31 _____ \$ 120.00 APNC Member _____ \$140.00 Non-Member

Thursday*, April 22 (includes lunch)
 By March 31 _____ \$ 95.00 APNC Member _____ \$115.00 Non-Member
 After March 31 _____ \$ 120.00 APNC Member _____ \$140.00 Non-Member

Friday, April 23
 By March 31 _____ \$45.00 APNC Member _____ \$70.00 Non-Member
 After March 31 _____ \$70.00 APNC Member _____ \$95.00 Non-Member

*We will honor early bird rates even if additional time is needed by your employer to process a check. We must, however, receive this form or speak with you in person by no later than March 31 to honor the early bird discount. Please send it promptly even if the check will be sent later. *We regret we cannot accept credit cards.*
Because of poor resolution, we prefer you NOT fax the form.
(Phone us and we'll take down the information)

Payment enclosed Payment to follow from employer
 Mail this registration form and payment to:

APNC Conference
 PO Box 71814
 Durham, NC 27722

800-723-4851 APNC@Juno.com www.APNC.org